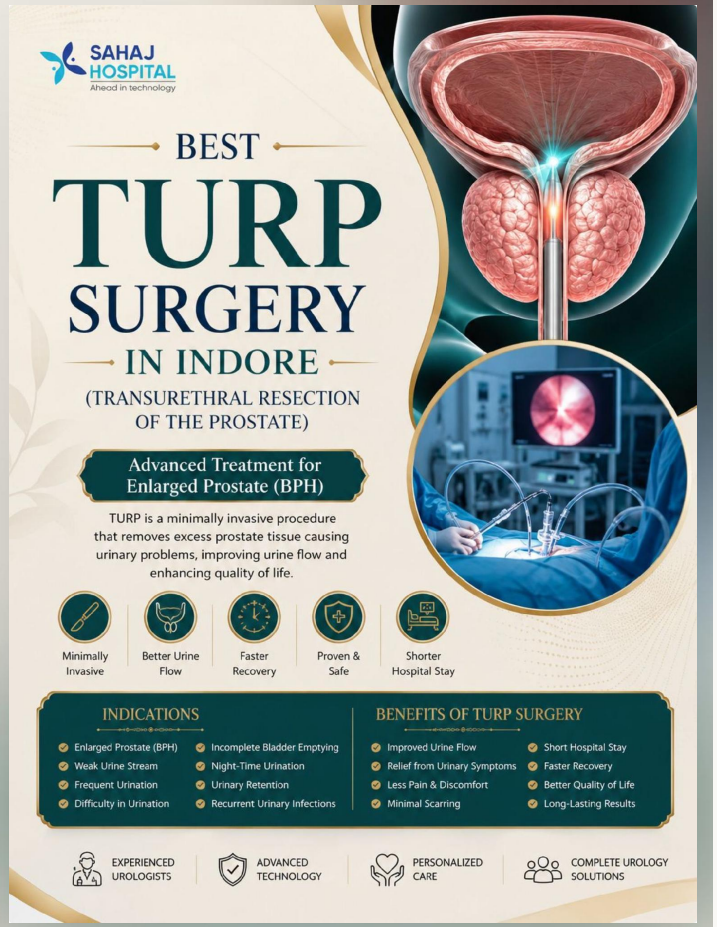


Best TURP Surgery in Indore

Advanced Minimally Invasive Treatment for Enlarged Prostate (BPH)

Transurethral Resection of the Prostate (TURP) is a well-established, minimally invasive procedure used to treat urinary problems caused by Benign Prostatic Hyperplasia. At Sahaj Hospital, experienced urologists perform advanced TURP procedures using modern techniques to improve urinary flow while supporting faster recovery and enhanced patient comfort.

PRESENTED BY SAHAJ HOSPITAL

Understanding TURP Surgery

TURP (Transurethral Resection of the Prostate) is a minimally invasive surgical procedure performed through the urethra — **without any external incision**. A specialized instrument called a resectoscope removes excess prostate tissue that blocks the normal flow of urine.

- No External Incision
- Improved Urine Flow
- Less Post-Operative Pain
- Faster Recovery
- Short Hospital Stay
- Proven Treatment for BPH

Who May Need TURP Surgery?

TURP is recommended for men with **moderate to severe urinary symptoms** due to an enlarged prostate, especially when medications no longer provide adequate relief. A detailed urological evaluation helps determine whether TURP is the most suitable treatment option.

- Enlarged Prostate (BPH)
- Weak Urine Stream
- Frequent Urination
- Night-Time Urination
- Difficulty Starting Urination
- Incomplete Bladder Emptying
- Recurrent UTIs
- Urinary Retention

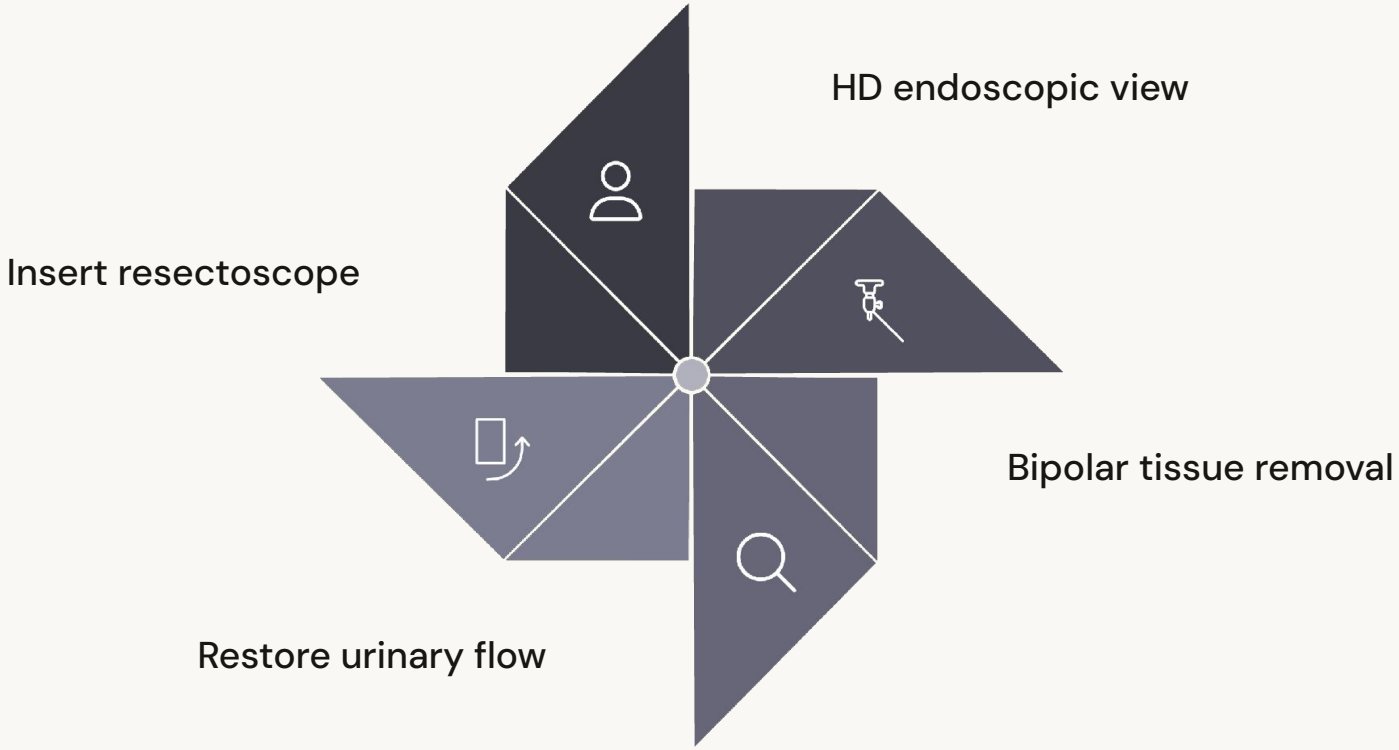
Signs You Should Consult a Urologist

Persistent urinary symptoms should not be ignored — especially when they interfere with daily activities or sleep. **Early diagnosis allows timely treatment** and may help prevent complications.

- → Frequent or Urgent Urination
- → Slow or Interrupted Urine Stream
- → Difficulty Passing Urine
- → Feeling of Incomplete Emptying
- → Urinary Leakage or Blood in Urine

How TURP Is Performed

The surgeon inserts a resectoscope through the urethra to remove excess prostate tissue without making external cuts. Advanced **Bipolar TURP** and **Plasmakinetic** techniques may be used for suitable patients, offering enhanced precision and safety.



This endoscopic approach ensures minimal blood loss, reduced post-operative pain, and faster return to normal activities.

Why Choose TURP?

TURP remains one of the **most effective treatments** for relieving urinary obstruction caused by BPH, with proven long-term results and a strong safety profile.

Better Urine Flow

Significant relief from obstruction and improved urinary function

Less Pain & Scarring

Minimally invasive approach means minimal discomfort and no external scars

Faster Recovery

Short hospital stay and quicker return to daily activities

Improved Quality of Life

Long-lasting relief from bothersome urinary symptoms

Recovery After TURP Surgery

Most patients recover well by following medical advice and attending regular follow-up appointments. Following the recommended recovery plan supports better healing and long-term outcomes.

- Catheter Care & Hydration
- Pain Management
- Light Physical Activity
- Regular Follow-Up Visits
- Medication Guidance
- Monitoring Urinary Function

Comprehensive Diagnosis & Personalized Treatment

Every patient undergoes a **thorough evaluation** before surgery to determine the most appropriate treatment plan. Personalized care helps achieve optimal treatment outcomes.

A Complete Picture of Your Health

Our diagnostic process covers every aspect of your urological health — from initial history and physical examination to specialized tests like uroflowmetry and ultrasound. Each result informs a **tailored treatment plan** designed specifically for you.

Personalized care is the foundation of successful TURP outcomes at Sahaj Hospital.

Advanced Urology Care You Can Trust

Sahaj Hospital provides comprehensive urology services using advanced minimally invasive technology and patient-focused care — from diagnosis through recovery.

Experienced Urologists

Specialist-led care with deep expertise in BPH and TURP

Advanced Bipolar TURP

State-of-the-art Plasmakinetic technology for precision and safety

Modern Operation Theatres

Equipped with HD endoscopic systems and advanced surgical infrastructure

Patient-Centered Care

Personalized treatment plans and dedicated post-operative support

Book Your Consultation

If you are experiencing urinary problems caused by an enlarged prostate, consult the experienced urology team at Sahaj Hospital for a detailed evaluation and personalized treatment plan.

Contact Us

Phone: 91+ 82230 82555

Address: 15/2, South Tukoganj, Indore, Madhya Pradesh 452001

Website: sahajhospital.com

Why Act Now?

Early consultation allows your urologist to assess your condition and recommend the right treatment — whether medication, lifestyle changes, or advanced TURP surgery.

- Advanced Urology Care
- Minimally Invasive Surgery
- Better Quality of Life